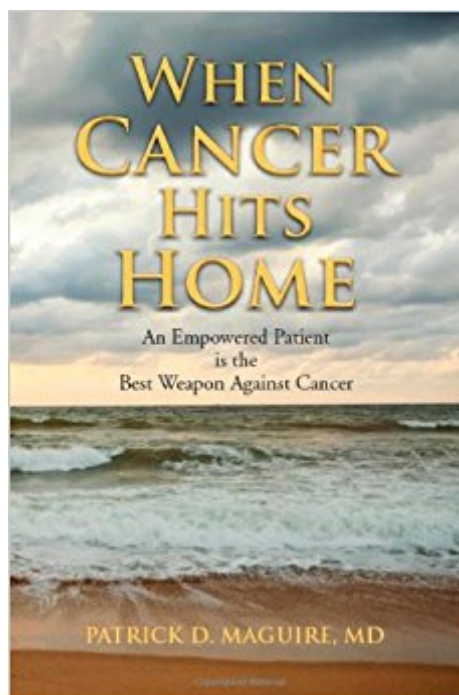




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When Cancer Hits Home: Cancer Treatment And Prevention Options For Breast, Colon, Lung, Prostate, And Other Common Types



Synopsis

When Cancer Hits Home is the commonsense guide to common cancers. It fills the gap between the many survivor biographies and technical references in the marketplace today. Written by an oncologist who lost multiple family members to cancer, this inspirational guidebook informs and empowers in layman's terms, using minimal medical jargon. The author tackles controversial topics and gives the reader concise, actionable, and up-to-date information on strategies for reducing cancer risk and options for treatment of the top twenty cancers in America. Touching patient stories accompany the description of each cancer type. Patients and their loved ones will find the book to be an invaluable resource for navigating these treacherous waters.

Book Information

Paperback: 264 pages

Publisher: Coastal Carolina Publishing; First edition (January 1, 2011)

Language: English

ISBN-10: 0615391117

ISBN-13: 978-0615391113

Product Dimensions: 6 x 0.8 x 9 inches

Shipping Weight: 1 pounds

Average Customer Review: 4.8 out of 5 stars 15 customer reviews

Best Sellers Rank: #1,714,879 in Books (See Top 100 in Books) #42 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Lung Cancer](#) #43 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Colorectal](#) #166 in [Books > Health, Fitness & Dieting > Men's Health > Prostate Health](#)

Customer Reviews

*****Five Stars: "Maguire offers a well-written and much needed guidebook....Whether someone is looking for cancer prevention tips or trying to learn more about a specific cancer, this guide will be a stellar resource." --Foreword Clarion Reviews "An oncologist whose parents died of cancer brings his unique perspective to this thoughtful and surprisingly touching reference... the histories are sometimes heartbreaking... and often inspiring." --Publishers Weekly (Reviewed on 03/28/2011)

The internet can be an exciting place, a source of potentially useful information. However, it can also be a source of confusion and frustration. That's often the case for people seeking knowledge about cancer prevention, warning signs, and treatment options. It's easy to feel overwhelmed,

unsure of what to believe, and which sources to trust. Patients who've been diagnosed with cancer often feel like they're awash in a stormy sea, struggling to find any firm ground. When *Cancer Hits Home* was generated to help alleviate that problem. Hopefully, by informing and empowering, this guidebook will provide some refuge against that storm.

This is an excellent book for anyone that has been impacted by cancer. Whether you are fighting the disease personally or have a loved one you are helping to support, I urge you to read and share this book. Dr. Maguire's intelligence, compassion, and dedication to his field are evident on the pages of his book. **A MUST READ!!!**

Dr. Maguire has written an excellent aid for cancer patients and their loved ones. It serves as an antidote for the misinformation lurking on the internet and in the media. His style is easily understood and unpatronizing. He has provided a great service to all of us.

Dr. Maguire manages to take a very scary subject and bring it down to a level that a non-medical person can understand and feel comfortable about. His compassion and care are clearly apparent in this well written, concise and informative book. Would highly suggest for anyone diagnosed and those family members/ friends of someone diagnosed. He easily removes a lot of the misconceptions that surround this disease!

"When Cancer Hits Home" is an excellent resource for those touched by cancer. Few things are as frightening when you, or someone you love, are diagnosed with cancer and there is often a period of uncertainty while scope and treatment options are determined. There are many sources for information relating to all types of cancer, but I can say from personal experience that there is a lot of information that can be easily misinterpreted or is just plain outdated or incorrect, and that is where a book like this one is very helpful. I like that this book is written without a lot of confusing medical jargon, except where absolutely required, and is generally easy to understand. There are two main sections, the first is "Reduce Your Cancer Risk" which provides excellent advice on environmental causes, nutrition, and early detection testing. The second section is "Cancer Treatment For The 20 Most Common Types", and covers Bladder, Brain, Breast, Colorectal, Esophageal, Head and Neck, Kidney, Leukemia, Liver, Lung, Non-Hodgkin Lymphoma, Melanoma, Myeloma, Ovarian, Pancreatic, Prostate, Skin (nonmelanoma), Stomach, Thyroid, and Uterine. This is not an in-depth dive into every type of cancer, but rather a collection of case studies and

discusses the statistics, Risks and Causes, Signs and Symptoms, Diagnosis, Staging, and Treatment. The cases studies share an individual person's experience with that particular cancer, from symptom onset through treatment, some with happy outcomes and others who lose the battle. The other sections give a good overview to understand the effects of the cancer and will be useful in discussing treatment with your doctors. My family has been blessed in that while we have dealt with a lot of cancer over the past ten years, including Breast (mother), Skin (sister), Colorectal (brother-in-law and nephew), Prostate (step-father), and Myeloma (me), we have all survived it and have a good prognosis for the future. The sections of the book that cover the cancers we have personally experienced are pretty much right on and it would have been beneficial to have this book from the beginning. Also from a personal point of view, remember that every patient is unique and if a treatment option makes you uncomfortable or uneasy in any way, be sure to discuss it with your doctors and don't be afraid to get a second. Highly Recommended! CFH Note: I was provided with a review copy of this book by the author.

4.5 stars Dr Patrick Maguire has written a superb book about cancer, his chapter 'Take The Ball By The Horns' is particularly significant. In reducing your risks of cancer, you need to take an aggressive role in prevention. You can learn all about cancer, what you can do to reduce the risk of being diagnosed with cancer, and how to help that someone, if it is not you, who has been diagnosed with cancer. Get all the information you can, be well read and face the situation head on, filled with some control. Dr Maguire says 'Take The Ball By The Horns', and that is not a misprint, is a big part of learning about and dealing with cancer. When you are diagnosed with cancer, the loss of control that most of us feel can be overwhelming. Many of us look to our physicians to tell us the best path. However, if those decisions can be made together, you, your family and the physician with the best knowledge and outcomes before you, some of that control is back. I was fortunate to have my cancer diagnosed in a facility that has a Cancer Center. I would recommend that for everyone. Everything you might need is in the same center. I was also part of a Decision Making Center with my surgeon, medical oncologist and radiation oncologist. You are putting your trust and your life at times in the hands of the medical oncologist who will be the leader of your team. You will meet with the oncologist at least twice a month and maybe more often for a year or more. You want someone who you like and trust. I knew from the first page that Dr Maguire is the kind of oncologist I would want. He is very forthright, a great sense of humor, knowledgeable and speaks in patient language. A person remembers 40% of what physicians tell them in the office. Once you hear cancer, you may not hear another word. I believe the best informed people may have the best

course of treatment. They know what to expect and this book can be very helpful for them and their family. Patrick Maguire gives us a cancer history in his family, which gives us the title of the book, 'When Cancer Hits Home'. It is one thing to be an oncologist and another to have cancer in your family- cancer tends to even the playing field. Dr Maguire has written this book in 3 parts. The first part is how to reduce your cancer risk. 90% of people with cancer are the first one in their family. It is important to know your risks and how to reduce them. Make decisions wisely, avoid tobacco, try to avoid viruses that can cause cancer and be careful in the sun. Try to have a healthy menu, exercise frequently, and see your physician for preventive medicine. Part Two discusses the treatment options for the 20 most common cancers. Dr Maguire provides a case history for each type of cancer, the risks and causes, signs and symptoms, diagnosis, staging of the cancer, treatment and the personal outcome for the person with that particular cancer. This is so well done, by giving us a real person's story, it is easier to comprehend all the issues. Dr Maguire has written in language that is easily understood. Some of the people did well and some did not. He talks about the decision making process, and the discussions of treatment and the final outcome. Part Three covers all of the references and resources that Dr Maguire used in writing this book. Chapter by chapter resources, which is very helpful, if you wanted to look up a particular reference for more information. One of the most important aspects of cancer care is the support of family and friends. Dr Maguire does not specifically state this, but it is inferred. If you do not have someone to talk with, to share your fears and your good news, there are professional people waiting to help you. Every cancer center has a myriad of people, and their services should be offered with every visit. If you do have cancer, your family will be a great source of support, but they will also need a support network. Cancer is not a disease to fight alone. I would recommend this book as a resource for every physician's office or waiting room. Every household would do well to have this resource. We all know someone with cancer, within our family or not. It is important to be well informed. I remember someone asking me what I did wrong to 'get' my cancer. No one wants to be so misinformed, but we need to realize there are people who know very little, and we need to expect some foolish questions or suggestions. When we are well informed we carry that knowledge to every part of our lives. Highly Recommended. prisrob 03-08-11

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Cancer: Coping With Cancer: How To Cope When A

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